



# WELCOME TO VERBANIA

Did you know? Verbania is divided into neighborhoods. Locals never say "Verbania" but refer to:

- Fondotoce: Train station, far from the city center
- Pallanza: Home to our institute
- Suna: Best for dinner and aperitifs
- Intra: Perfect for shopping



## WHAT TO SEE

Borromean Islands:

- Isola Pescatori & Isola Bella (the most beautiful sights): Half-day trip. Hop-on/off ticket €16, Isola Bella entrance €22.
- Isola Madre: English-style garden and palace (separate entrance fee).

## PRATICAL INFO

- Language: english is not widely spoken in traditional bars
- Dining Hours: lunch 12:30–14:30, dinner from 19:30
- Transport: walking and biking are the best options



# EAT AND DRINK LIKE A LOCAL

## Italian coffee and Aperitivo guide

### Popular Drinks

- Spritz & Variants: Aperol, Campari, Hugo
- Classic Cocktails: Negroni, Negroni Sbagliato, Americano

### Non-Alcoholic

- Crodino, Chinotto, Cedrata, Gazzosa



## Food

### Antipasti - Starters

Mixed platter of cold cuts and cheeses; Beef tartare with olive oil, salt, pepper and lemon

### Pasta

Lasagna, Pasta alla Carbonara, Risotto with mushrooms

### Secondi - Main Courses

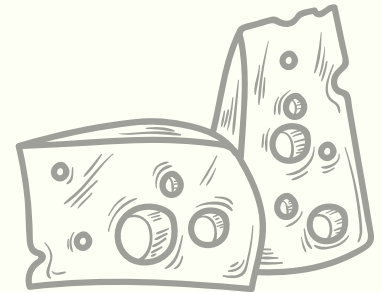
Brasato (meat cooked in wine), Arrosto (roasted meat), Polenta with Gorgonzola, Tuna or mixed fried fish

### Dolci - Desserts

Tiramisu, Bonet (with Amaretti biscuits)

### Digestivi o Ammazzacaffè - Digestifs

Sambuca, Grappa, Amaro Montenegro, Passito



## SHOPPING

## What to buy in the Supermarket

### Cheese

- Parmigiano Reggiano (24+ months maturing): the best choice!
- Grana Padano (24+ months maturing): similar taste, lower price
- Gorgonzola: hard to transport but amazing

### Sweets & Snacks

- Gianduiotti: chocolate with hazelnuts from Turin
- Taralli: Not local, but delicious (best ones are those with fennel - "finocchietto" - or grano arso)

## Local & Ethical Souvenirs

- Banda Biscotti: Social project teaching ex-inmates pastry making. Available at: "Gattabuia" (Pallanza) and "Altromercato" (Intra)
- Alberti Bookstore (Intra): For quality souvenirs, including a €15 Lake Maggiore colorbook